



Al Zaabi Healthcare

- VASCULAR ULTRASOUND
- DIGITAL X-RAY
- MSK
- PHYSIOTHERAPY



Al Zaabi Group

### **Vision Statement**

Leadership through excellence in healthcare with care & compassion.

### **Mission Statement**

We believe that Al Zaabi Healthcare has a commitment to the community & define our mission accordingly as:

- Providing competent, innovative & affordable solutions for healthcare needs.
- Promoting wellness & healthcare awareness.
- Advancing excellence in therapeutic & preventive medicine.
- Demonstrating social responsibility by choosing & properly using sustainable resources.
- Fostering a participative culture with a common vision.
- Contributing to better quality of life for the entire community.

### **Where Health Meets Care**

Al Zaabi Healthcare is committed to achieve excellence in healthcare. Apart from being a Specialized Medical Centre we aim to be a centre of excellence handling all medical specialties & delivering comprehensive state-of-the-art solutions in healthcare at an affordable cost.

Being patient-friendly is our philosophy. We aim to harmonize therapeutic expertise with technological advancements & professional care with personal attention to offer our patients true value & reassurance.

A member of Saeed Al Zaabi Group of Companies, Adam & Eve upholds the corporate core values of quality, integrity & reliability. Focused on providing primary care as well as preventive medical services we offer a range of healthcare packages to match all patient needs & are continuously upgrading ourselves to serve the region's changing healthcare requirements.

## ULTRASOUND DEPARTMENT

The General Radiology Department at the AI Zaabi Healthcare is equipped with high-end Ultrasound machines, enables to provide excellent care to patients. This department images patients referred by outpatient clinics. In the general radiology department, patients from clinics are seen on a 'demand basis', so there might be a waiting time depending on how busy the department is at the time. Patients referred in by GPs are imaged at appointment times. We are committed to providing you superb imaging and simplified workflow in a system that is scalable to your needs.

Our advanced imaging technology and ease of use allows to capture high-quality images quickly and conveniently – helping to raise the standard of care and patient satisfaction to new levels.





## ULTRASOUND DEPARTMENT

### Available Ultrasound Examinations

- Abdominal
- Pelvic
- K.U.B
- Thyroid Ultrasound
- Breast Ultrasound
- Scrotal Ultrasound
- Superficial Ultrasound for hernia
- Obstetric Ultrasound...for fetal assessment,
- 3D & 4D Ultrasound & Anomaly scan.
- Fetal Doppler for umbilical & middle cerebral arteries
- Transvaginal Ultrasound
- Folliculometry
- Transcranial Doppler for the newborn
- Doppler Upper limb arterial system
- Doppler Upper limb venous system
- Doppler lower limb arterial system
- Doppler Lower limb venous system
- Doppler carotid arteries
- Doppler renal arteries
- Shoulder ultrasound
- Elbow Ultrasound
- Wrist ultrasound
- Hip ultrasound
- Knee ultrasound
- Ankle Ultrasound

## ULTRASOUND DEPARTMENT

### Doppler Scan

A Doppler scan measures the blood flow through the umbilical cord and around different parts of your baby's body, such as his brain and heart. This helps to show whether he's getting all the oxygen and nutrients he needs via the placenta.

### Musculoskeletal Ultrasound

Ultrasound - Musculoskeletal. Ultrasound imaging uses sound waves to produce pictures of muscles, tendons, ligaments and joints throughout the body. It is used to help diagnose sprains, strains, tears, and other soft tissue conditions. Ultrasound is safe, noninvasive, and does not use ionizing radiation.

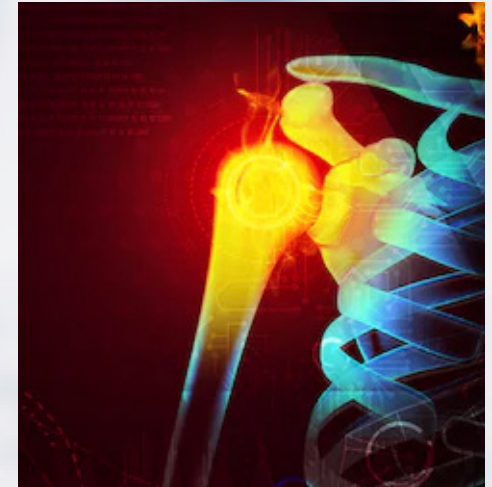
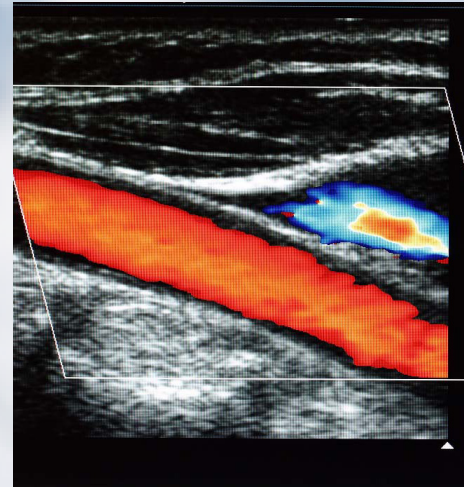
### The Fetal Anomaly Scan

The Fetal Anomaly Scan is also called the 20-week scan, because it takes place between the 19th and 21st week of pregnancy. The Fetal Anomaly Scan is carried out to determine if the unborn child has any congenital abnormalities, such as spina bifida or anencephaly. The development of the organs, head, heart, abdomen, and arms and legs are thoroughly examined. It also examines whether the child is growing well and that there is enough amniotic fluid. The Fetal Anomaly Scan takes approximately 30 to 45 minutes.

### 3D and 4D Ultrasound

3D scans show still pictures of your baby in three dimensions. 4D scans show moving 3D images of your baby, with time being the fourth dimension. With 3D and 4D scans, you see your baby's skin rather than her insides. You may see the shape of your baby's mouth and nose, or be able to spot her yawning or sticking her tongue out.

3D and 4D scans may nonetheless provide more information about a known abnormality. Because these scans can show more detail from different angles, they can help in the diagnosis of cleft lip. This can help doctors to plan the repair after birth.





## X-RAY DEPARTMENT

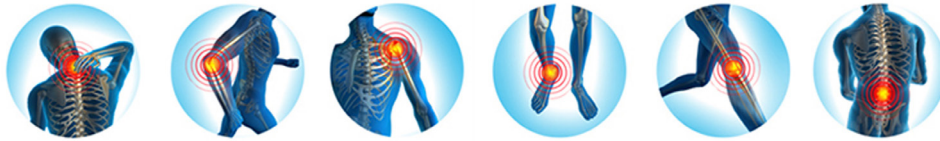
Al Zaabi Healthcare is equipped with high-end Digital X-Ray machine. This department images patients referred by outpatient clinics. This department has a large waiting room and friendly reception area, so the wait for X-rays should be in comfortable surroundings.

### X – Ray

**Our Radiology department performs all routine X-Rays which includes but not limited to:**

- Chest
- Sternum
- Head & Neck
- Facial Bones
- KUB
- Abdomen
- Boneage
- Upper Extremities
- Lower Extremities





## PHYSIOTHERAPY DEPARTMENT

Physiotherapy Department at the Al Zaabi Healthcare provides excellence services to meet the needs of the patient population in outpatient units. It addresses impairments and disabilities resulting from complex trauma, musculoskeletal, neurological, cardio respiratory conditions, sports injuries and women's health. Physiotherapy department will provide services to both adult and pediatrics groups where services are indicated.

We are committed to provide skilled and dynamic service through high quality standard of services and developing evidence - based patient - centered care in order to improve the quality of life of people with functional disabilities. Our services involve a holistic approach to the prevention, diagnosis, and therapeutic management of disorders of movement or optimization of function to enhance the health and welfare of the community from an individual perspective.

### Our main goals are:

- To restore maximum physical and functional potential
- Address the psychological effects of the disability and to minimize the time it takes to return to daily activity.

### We are specialized for:

- Neck & back pain
- Tennis elbow
- Plantar fasciitis
- Trapped nerve
- Osteoarthritis
- Frozen shoulder
- Impingement syndrome
- Meniscal & ligament injury
- Stroke
- Delayed Milestones



## PHYSIOTHERAPY DEPARTMENT

### Manual Therapy

Certified Manual Therapy is a specialized treatment that consists of 'hands-on' techniques used to mobilize muscles, joints, connective tissue & nerves to facilitate healing & restore function.

**Indications for manual therapy are many.**

**As a rule, it is prescribed for:**

- A Herniated Inter vertebral Disk
- Osteochondrosis & Arthrosis
- Intercostal Neuralgia
- Regular Dizziness
- Permanent Headaches
- Violation of Posture
- Pain & Tension in the Muscles
- Chronic Fatigue & Stress
- Chronic Neck Back & Knee Pain

### Advantages of Manual Therapy

The session of the manual therapy includes a complex special receptions performed by hands. They are aimed at relaxing the muscles & normalizing the mobility of bones & joints. Such sessions can improve blood circulation & reduce pain. Specific methods & techniques the Physio chooses after the examination of the patient.



## PHYSIOTHERAPY DEPARTMENT

### Shockwave Therapy

Shockwave therapy is effective non surgical treatment for acute & chronic painful disorder. Most patients with chronic pain problems have been through various unsuccessful types of treatments. Up to 80% of the same patients worldwide report that Shockwave therapy has helped them eliminate their problem.

### Benefits of Shockwave Therapy

This therapy works without the use of drugs; it stimulates the body's natural self-healing process. There is usually an immediate reduction of pain & improved ease of movement. There are also secondary, long-term benefits with respect to decreased pain & increased range of motion. Shockwave may also eliminate your need for surgery.



A member of Al Zaabi Healthcare, Adam & Eve Cosmetic Medical Center offer a coalescence of traditional & modern beauty treatments supported by a broad range of complimentary & holistic therapies to ensure all your interests are covered.

The lovely team of therapists at Adam & Eve Cosmetic Medical Center are dedicated to your skin and body's relaxation and well-being.

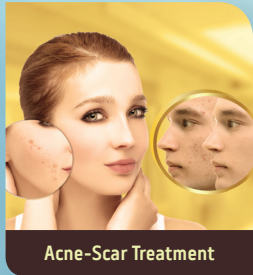


## COSMETIC MEDICAL SERVICES

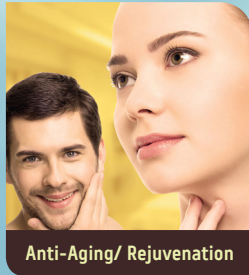


**ADAM & EVE**  
COSMETIC MEDICAL CENTER

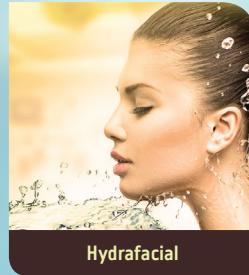




Acne-Scar Treatment



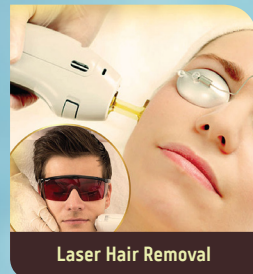
Anti-Aging/ Rejuvenation



Hydrafacial



Botox & Fillers



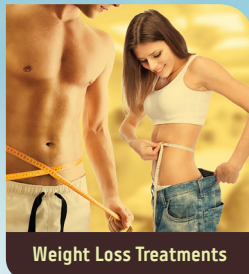
Laser Hair Removal



Laser Treatments



Pigmentation



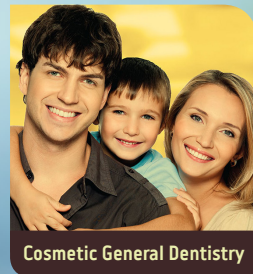
Weight Loss Treatments



Non-Surgical Face Lifting/HIFU



Nutrition & Healthy Diet



Cosmetic General Dentistry



Hollywood Smile

## ADAM & EVE COSMETIC MEDICAL CENTER



### Treatments Offered:

- Acne & Acne Scar Treatments
- Botox & Fillers
- Anti-Aging / Rejuvenation
- Scarlet
- Chemical Peels
- Mesotherapy
- Pigmentation
- Hydrafacial
- Personalized Facial Ranges
- Laser Hair Removal
- Laser Treatments
- Threads
- Hairfall Treatments
- Non Surgical Face Lifting / HIFU
- Weight Loss Treatments
- Nutrition & Healthy Diet
- Hollywood Smile
- Cosmetic General Dentistry
- Zoom Whitening
- Backscratch Treatment



Promptness is paramount in healthcare. We associate with all leading medical insurance companies in the region to guarantee you easier access, faster approvals & hassle-free quality medical coverage.



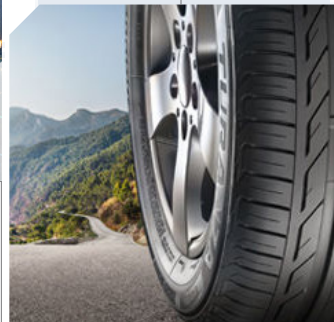
  
**Al Zaabi Group**



  
**Al Zaabi Healthcare**



  
**Al Zaabi Trading**



  
**Al Zaabi Automotive**



  
**Al Zaabi Transport**



  
**Al Zaabi Contracting**



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